Several heritage sites in Ladakh were damaged by recent continuous rains. LBA Heritage Committee appeals to Nambardars & LBA GCM members: Don't act in haste

Hon'ble Lt Governor Shri @KavinderGupta

chaired a high-level meeting with Admin-

Let structures dry Restore only as per heritage guidelines.

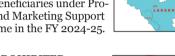
#### TITANIC:

On this day in 1985, after 73 years, pictures of the ship Titanic sunk in the sea were revealed. The Titanic crash killed 1,500 people aboard the ship.



BENEFICIARIES:

In Ladakh union territory, 80 is the number of Beneficiaries under Procurement and Marketing Support (PMS) scheme in the FY 2024-25.



CYCLE PROHIBITED:

In order to ensure the safety of Cyclists, certain roads, which are meant for fast moving vehicles are prohibited for Cyclists. So the Cyclists should not use the roads where this sign has been installed.



#### CTA commemorates 65th Tibetan Democracy Day at Dharamshala



**DHARAMSHALA/LEH:** The Central Tibetan Administration and the Tibetan community in Dharamshala celebrated the 65th Tibetan Democracy Day at the Tsuglagkhang courtyard, in the presence of distinguished guests: MP Wada Yuichiro, Member of the House of Representatives, Japan; MP Alfred Kan-Ngam Arthur, Member of the Lok Sabha, Government of India; and a delegation of around thirty members from the International Campaign for Tibet (ICT).

The commemoration—marking the day His Holiness the Dalai Lama laid the foundation for Tibetan democracy—began with the arrival of the esteemed guests, followed by the rendition of the Tibetan and Indian national anthems, as well as the Tibetan Democracy Day song, performed by artists from the Tibetan Institute of Performing Arts (TIPA). As part of the day's proceedings, Sikyong Penpa

As part of the day's proceedings, Sikyong Penpa Tsering read out the statement of the 16th Kashag and acknowledged the presence of participants from the Tibet-Himalaya Relations Conference.

Christina Jansen, Board Member of the International Campaign for Tibet, then addressed the gathering. She shared a moving anecdote about a Tibetan man inside Tibet who had entrusted her with a letter for His Holiness the Dalai Lama. Reflecting on her experience, she said:

"When I remember 1989, I was a young diplomat posted in Beijing. I witnessed, with my own eyes, the hopes and courage of young people in Tiananmen Square—asking for freedom, asking for dignity. And I saw, with deep sorrow, how that hope was crushed in two days. That experience has never left me. It showed me that freedom is more precious than anything—and more fragile than we sometimes realise."

She continued, "His Holiness has gifted you a framework that is both deeply Tibetan and universally human—a democracy rooted in compassion." The chief guest, Hon'ble MP Alfred Kan-Ngam Arthur, remarked, "It is because of this enduring support that His Holiness has had the space, momentum, energy, courage, and strength to carry the Tibetan movement across the globe.

He continued, "The responsibility that His Holiness has handed over to all Tibetans—and indeed, to citizens of all democracies across the globe—is to propagate what God has given us: the right to be free.

Today, however, we find ourselves increasingly shackled by governments claiming to act for our benefit, while promoting right-wing authoritarianism. This must stop.

With a personality as eminent as His Holiness—who has led by example—the best thing future generations can do, especially my friends, brothers, and sisters of Tibetan heritage, is to live as he has lived. Be free. Be courageous. Understand that his goal has always been inclusiveness.

He has never advocated for the exclusion of Chinese or any other people. His vision is for a world that belongs to all," the MP concluded.

Before concluding the official program, students from various Tibetan schools in Dharamshala performed traditional dances, adding a vibrant cultural touch to the celebration.

### Ven Sanghasena stresses collective responsibility to secure global peace

Canadian delegation calls on Bhikkhu Sanghasena

EARTH NEWS SERVICE

**LEH:** A delegation of Seekers of Truth and Lovers of Peace from Canada was granted an audience with Guruji Bhikkhu Sanghasena during their visit to Leh, where a thought-provoking exchange unfolded around pressing global concerns and the role of spirituality in addressing them.

The dialogue extended beyond routine discussions and steered towards the relevance of spiritual values in confronting the challenges confronting humanity today.

Guruji, widely respected for his humanitarian outreach, called upon the gathering to shoulder responsibility rather than remain passive in the face of mounting crises.

"We can no longer remain mere spectators," he said,

past 24 hours.

**Heavy rainfall disrupts** 

normal life across Kargil

**KARGIL:** Kargil has been witnessing

heavy rainfall for the last 20 hours,

with 28 millimeters recorded in the

The Meteorological Department has

issued an advisory urging people to

As a precaution, all schools in the

The District Administration has ap-

pealed to the public to stay alert and

contact the control room in case of

any emergency. Police are also make

ing announcements requesting peo-

Meanwhile, the Kargil–Leh High-

way has been closed due to the in-

ple not to wander unnecessarily.

district remain closed for one day.

avoid unnecessary travel.



cautioning against complacency while calamities persist worldwide.

The visitors conveyed heartfelt appreciation for Guruji's relentless efforts in fostering harmony and for his steadfast dedication to peace initiatives that transcend geographical boundaries. Many described the interaction as a transformative encounter that left them both moved and encouraged.

The session drew to a close with a meditative practice on compassion,

guided by Guruji, which brought a sense of serenity to the gathering. As the group dispersed,

As the group dispersed, the atmosphere was marked by inspiration and renewed resolve to carry the message of peace forward.



His Holiness the 14th Dalai Lama granted an audience at his residence in Dharamshala to the official guests attending the 65th Anniversary of Tibetan Democracy Day.

# Climate Cup 2025 continues to draw enthusiastic crowds



EARTH NEWS SERVICE

**LEH:** The second day of the ongoing 3rd Climate Cup 2025 at Astro Turf Stadium, Spituk organised by Ladakh Autonomous Hill Development Council (LAHDC) Leh and the Department of Youth Services and Sports in collaboration with the Ladakh Football Association, and sponsored by the Power Grid Corporation of India Limited-witnessed an action-packed series of matches, with teams displaying remarkable skill and competitive spirit.

In the opening clash, AIFF FIFA Talent Academy secured a hard-fought 2–1 victory over Real Lona Club. The second encounter saw Rajasthan United Football Club outplay Skalzangling FC, clinching a commanding 5–0 win.

The day concluded with a one-sided but thrilling match, where Class of 90s overpowered ITBP with an emphatic 10–0 triumph, marking one of the most decisive results of today's

ixture.

The Climate Cup 2025 continues to draw enthusiastic crowds and build anticipation for the upcoming fixtures.

The opening ceremony the other day began with a welcome speech by Bhanu Prabha, who emphasized the importance of sustainability and expressed gratitude to the sponsors and LAHDC Leh for their support. She extended her best wishes to all participating teams, including those who traveled from outside Ladakh to compete in the tournament. The Dy Councillor highlighted the significance of the Climate Cup as a key initiative of LAHDC Leh, promoting both sports and awareness of Ladakh's fragile ecosystem.

The programme featured vibrant cultural performances and was followed by the inaugural match between 1 Ladakh FC and ITBP, marking the start of an exciting tournament that will continue over the coming weeks.

## Free food provided to stranded drivers, passengers at Chiktan



KARGIL: CEC LAHDC Kargil, Dr Mohd Jaffer Akhoon, has expressed heartfelt gratitude to Ghulam Hussain Contractor of Samrah Chiktan for his selfless service during the recent heavy rains and road closure at Khangral, Chiktan.

By providing food and care to the stranded drivers, Hussain displayed an exemplary spirit of compassion and community service.

The CEC lauded his humanitarian gesture as a true reflection of the values of kindness and solidarity in society.



### CWC flags 432 expanding Himalayan glacial lakes for 'Vigorous Monitoring'



EARTH NEWS SERVICE

**LEH:** More than 400 glacial lakes in India are showing signs of expansion, raising concerns over potential floods and related disasters, the Indian Express reported, citing the Central Water Commission's (CWC) latest monitoring report.

The report (Monthly Mon-

itoring Report of Glacial Lakes & Water Bodies in the Himalayan Region of Indian River Basins June 2025) flagged 432 glacial lakes across Ladakh, Jammu and Kashmir, Himachal Pradesh, Uttarakhand, Sikkim and Arunachal Pradesh for vigorous monitoring because of their potential to unleash sudden and destructive floods.

Out of 2,843 water bodies

Out of 2,843 water bodies assessed, 1,435 glacial lakes in the Himalayan region showed expansion in June alone.

Arunachal Pradesh recorded the highest number of expanding lakes at 197, followed by Ladakh (120), Jammu and Kashmir (57), Sikkim (47), Himachal Pradesh (6) and Uttarakhand (5). The CWC noted that the

The CWC noted that the total area of glacial lakes within India has grown by over 30 per cent in the past decade, from 1,917 hectares in 2011 to 2,508 hectares in June 2025.

The findings come amid severe weather events across the country.

Heavy rainfall has triggered landslides in Himachal Pradesh and Uttarakhand, killing at least seven people.

În Jammu and Kashmir, landslides on the Vaishno Devi pilgrimage route last week left over 30 dead, while Punjab continues to battle extensive flooding after another spell of torrential rain. Highlighting the risks posed by expanding glacial lakes, the CWC recommended real-time monitoring systems, satellite-based alerts and early-warning mechanisms for downstream communities. It also called for stronger coordination between the Ministry of Jal Shakti, the National Disaster Management Authority (NDMA), state agencies and neighboring countries such as Nepal, Bhutan and China, given that many lakes straddle borders but feed Indian rivers. The report stressed that shrinking glaciers and expanding glacial lakes are among the most visible impacts of climate change in the Himalayan region, demanding urgent preparedness.