

LADAKH

@mdniy
PM Yoga Awardee, Shri Bhikkhu Sanghasena, Founder & President of Mahabodhi International Meditation Center, Ladakh visited MDNIY today and received a warm welcome by Dr. Kashinath Samagandi, Director MDNIY.
#Yoga #MDNIY #Ladakh #Meditation #healthcare #PMYogaAwards2021 #yogalife #WednesdayMotivation #explorelife

@lotusladakh
Series of #WesternDisturbances very likely to affect #WesternHimalayan Regions #Ladakh #JammuKashmir #HP #Uttarakhand from today till 5th.
Likely Impacts: Light to Moderate Snowfall on plains& Heavy over higher reaches. May Affect surface & Air trpt #StayUpdated

ASSASSINATION:
Mahatma Gandhi—considered as the father of Nation in India and internationally esteemed for his doctrine of nonviolent protest (satyagraha) to achieve political and social progress—was assassinated on this day in 1948.

DIGITAL LEARNING:
The Ministry of Education, the Government of India has allocated 05 DTH channels to Ladakh UT, dedicated to delivering educational content in local languages such as Bhoti, Balti, and Dard Aryan.

BARRIER AHEAD
Many a times the road passes through toll collection point/check posts etc. One can find barriers on such places. This sign indicates that there is a barrier ahead on the road and vehicle has to stop there.



Awareness Program on Cybercrime & Drug Abuse held at GHSS Skurbuchan

KHALTSE: In a bid to promote community safety and well-being, the Khaltse Police Station held an essential awareness program at the Higher Secondary School in Skurbuchan on Tuesday, January 28. The event aimed to educate both students and locals on the rising threats of cybercrime and the increasing prevalence of drug abuse.

The session began with a focus on cybercrime, a growing concern in today's digital world. Police officers outlined various online threats, such as identity theft, online fraud, and cyberbullying. They emphasized the need for caution while browsing the internet and encouraged attendees to report suspicious online activities through dedicated helplines. An interactive discussion allowed participants to seek advice and clarification on how to safeguard themselves against digital dangers.

The program then shifted its focus to the rising issue of drug abuse, which has become particularly concerning among the youth. Officers provided insights into the detrimental effects of drug addiction on both physical and mental health. They also highlighted the broader societal impact of substance abuse, stressing the importance of early detection and proactive community involvement in prevention efforts.

This initiative is part of the District Police Leh's ongoing efforts to engage with local communities and raise awareness on critical issues, ultimately fostering a safer and healthier environment for all.

The event was well-received, with students and residents expressing their gratitude for the police's dedication to spreading awareness and promoting responsible living.

Prof Saket Kushwaha appointed as VC UoL

EARTH NEWS SERVICE

LEH: The University of Ladakh (UoL) is poised for a new chapter of academic and institutional growth with the appointment of Prof. Saket Kushwaha as its new Vice Chancellor.

A distinguished academician with extensive administrative experience, Prof. Kushwaha has been selected by the Hon'ble Lieutenant Governor of Ladakh, Brig (Dr.) BD Mishra (Retd) from a panel of three candidates submitted by the Search Committee.

He will succeed Prof. S.K. Mehta, a distinguished academician and researcher, whose tenure was marked by significant advancements in academics, research, and infrastructure development at UoL. Prof.



Kushwaha, a Professor of Agricultural Economics at prestigious Banaras Hindu University (BHU), brings with him a wealth of experience in teaching, research, and university administration.

He has contributed significantly to the field of Agricultural

Economics. He served as the Vice Chancellor of Rajiv Gandhi University, Arunachal Pradesh from October 2018 to October 2024. With nearly three decades of teaching and research experience and over 25 years in academic administration, he has held prominent positions in India and abroad.

Prof. Kushwaha started his career in 1993 as a Senior Lecturer in Agricultural Economics at Abubakar Tafawa Balewa University, Nigeria.

He rose to the rank of Reader in Agriculture Economics in 1996 and became International Professor in Agriculture Economics at the same university. He has served as HoD of Agriculture Economics and Extension of Abubakar Tafawa Balewa Federal University of Technolo-

gy, Bauchi Nigeria and Dean of the School of Management and Management Technology at Federal University of Technology Bauchi, Nigeria for the period of 2001 to 2006.

He later became a Professor at Banaras Hindu University (BHU) and has served as Vice Chancellor of Lalit Narayan Mithila University, Bihar (2014-2017).

A renowned researcher and academician, he has published over 130 research papers in international journals and authored more than 20 books. His specialization lies in Green Farm Planning and Sustainable Development. He has led nine major research projects in collaboration with institutions like FAO, World Bank, and USAID.

His leadership at Rajiv

Gandhi University has brought remarkable achievements, including NAAC 'A' accreditation, infrastructure development, and innovative research initiatives. He has received numerous prestigious awards, including the Dr. B.R. Ambedkar National Award (2019) and Life Time Achievement Awards.

He also remained Vice Chancellor, Lalit Narayan Mithila University. Under his leadership, the university saw significant academic and infrastructural improvements.

Prof. Kushwaha is also actively engaged in environmental sustainability, promoting tree plantation drives and supporting rural and tribal communities. His work continues to inspire and uplift students, researchers, and society at large.

NISR Leh launches free Medical Camp and Exhibition at Maha Kumbh 2025

EARTH NEWS SERVICE

LEH/PRAYAGRAJ: The National Institute of Sowa-Rigpa (NISR), Leh, has inaugurated a 15-day free Sowa-Rigpa medical camp and exhibition at the Maha Kumbh Mela 2025 in Prayagraj, Uttar Pradesh, starting today. The initiative aims to provide medical care to the millions of devotees and visitors attending the sacred pilgrimage, while also raising awareness about the ancient Sowa-Rigpa system of medicine.

The camp offers free medical consultations and treatments rooted in Sowa-Rigpa, an ancient Indian system of healing with Tibetan origins, emphasizing holistic wellness and natural remedies. The exhibition showcases the rich history, practices, and contributions of Sowa-Rigpa to traditional Indian medicine, offering visitors a chance to explore this lesser-known yet significant part of India's cultural heritage.

"The Maha Kumbh Mela provides an unparalleled opportunity to connect with millions of people from all walks of life," said an NISR spokesperson. "By organizing this camp and exhibition, we aim to serve the public while promoting the knowledge and cultural significance of Sowa-Rigpa."

Maha Kumbh 2025, one of the world's largest



religious gatherings, draws millions of devotees and international visitors every 12 years. Alongside its spiritual significance, the event serves as a global stage for Indian traditions, culture, and heritage. The NISR's initiative aligns with this spirit, blending spiritual service with cultural preservation.

The free medical camp will operate daily throughout the Maha Kumbh Mela, offering assistance to pilgrims enduring physical and mental strains during their journey. The exhibition provides interactive displays and educational sessions, fostering a deeper understanding of Sowa-Rigpa's role in holistic health and well-being.

This initiative not only highlights the relevance of traditional medicine in contemporary healthcare but also underscores India's efforts to preserve and promote its indigenous knowledge systems on a global scale.



BRO personnel awarded Uttam Jeevan Raksha Padak for gallant rescue effort

EARTH NEWS SERVICE

LEH: Naik Shankar Singh Kharayat of Project HIMANK, under Border Roads Organisation (BRO), has been conferred with the prestigious Uttam Jeevan Raksha Padak (UJRP) on the occasion of 76th Indian Republic Day for his exemplary bravery and selflessness in saving lives.

On the perilous Night of 17 Jun 2023 at 2330 hrs, Nk Shankar Singh Kharayat noticed a strong light in the Pang Valley at KM 191.00 on Road Leh-Upshi-Manali (National Highway- 03). On observing closely, he found out that a loaded civil truck veered off the road and plunged 150 meters into the rugged depths of Pang Valley.

Without wasting time Naik Shankar Singh Kharayat sprang into action and contacted his Superior of 111 RCC (GREF)/ 753 BRTF to arrange for additional manpower, Ropes, Equipments, First Aid Kits and Blankets.

Naik Shankar despite the challenging terrain



and biting cold donned the protective harness and descended the steep valley to rescue the injured individuals. Risking his own life, he carried the injured individuals, first the unconscious Driver and later the injured Co-Driver on his back from the incident site to Road Head.

He made two rounds at a bone-chilling temperature at an altitude of 15600 feet and ensured the safe retrieval, stabilizing them until medical help arrived. His actions exemplify the spirit of service and humanity that the Border Roads Organisation uphold.

Dr. Sonam Dawa Lonpo's death anniversary observed in Leh

EARTH NEWS SERVICE

LEH: The 7th death anniversary of former Chairman/CEC of LAHDC Leh, Dr. Sonam Dawa Lonpo, was marked with a solemn ceremony at the Dr. Dawa Memorial Park in Leh. Organized by LAHDC Leh in collaboration with the Dr. Sonam Dawa Lonpo Memorial Committee, the event was attended by dignitaries, religious leaders, and family members to honor the late leader's contributions to Ladakh.

The gathering was graced by Hon'ble Executive Councillors Tashi Namgyal Yakzee and Ghulam Mehdi, former CEC Gyal P Wangyal, ADDC Leh, LBA President, Chering Dorjey Lakrook,



BJP State General Secretary PT Kunzang, State President BJP Phunchok Stanzin, Madam Sarla Chhewang, Religious Heads and close family members of the late Dr. Sonam Dawa. A Moslam was conducted by venerable monks, followed by the lighting



of a butter lamp by the Chief Guest, Tsering Dorjay Lakrook, President of LBA. The ceremony also included a traditional Khatak ceremony, where VVIPs, family members, and close relatives of the late Dr. Sonam Dawa honored his memory. The ceremony commenced with a warm welcome address by Dorje Stanzin, Durbuk Lonpo, a close relative of Dr. Sonam Dawa.

He fondly recalled the late leader's enduring contributions to Ladakh, particularly his role in shaping the

region's political and social landscape. Hon'ble Executive Councillor Tashi Namgyal Yakzee also paid his tributes to Dr. Sonam Dawa, underscoring the leader's pivotal role in the development of Ladakh. He spoke about Dr. Sonam Dawa's vision for a progressive and inclusive Ladakh and the lasting impact of his leadership on the region's growth.

Yakzee emphasized the importance of carrying forward Dr. Sonam Dawa's legacy for future generations and preserving the values he instilled in Ladakh's socio-political fabric.

Chering Dorjey Lakrook, President of LBA, and Phunchok Stanzin, State President BJP, also spoke and acknowledged Dr. Sonam Dawa's contributions to Ladakh's development. The event concluded with a Vote of Thanks by Thiksey Councillor, Stanzin Chosphele who expressed heartfelt appreciation to all those present for their participation in the commemoration.

IFTRC Noida honors MIMC founder with lifetime membership Sanghasena advocates balance tech-advancements with spiritual wisdom

EARTH NEWS SERVICE

LEH: Renowned spiritual leader and founder of Mahabodhi International Meditation Centre (MIMC), Leh Bhikkhu Sanghasena addressed a seminar on "The Need for Spirituality in Today's Era" organized by the World Peace Development and Research Foundation in collaboration with the International Chamber of Media and Entertainment Industry and the Confederation of World Religions at Marwah Studios in Noida, Uttar Pradesh.

He was invited to the event by Dr. Sandeep Marwah, Founder of Film City Noida and Marwah Studios. Dr. Marwah, along with other organizers, extended a warm wel-

come to Bhikkhu Sanghasena. The seminar witnessed the presence of a large number of religious figures, dignitaries, and intellectuals from various fields, underscoring the increasing awareness of spirituality's role in contemporary society. An added highlight of the event was an art exhibition by Ms. Renuka Anand, which provided an artistic perspective on spirituality and cultural expression.

In his address, Bhikkhu Sanghasena emphasized the crucial need to balance technological advancements with spiritual wisdom. He pointed out that despite significant progress in science and technology, the lack of ethical and spiritual values has led to conflicts, wars, and

human suffering. He remarked that without a guiding moral compass—symbolized by the Guru-G—technological progress through 3G, 4G, and 5G could result in harm rather than benefit.

He further noted that Western nations, despite their technological supremacy, have struggled to achieve true global peace, as their focus has largely been on material progress rather than inner development. Urging India to take the lead in integrating spirituality with modern advancements, he highlighted the nation's rich heritage of Yoga, Meditation, Karuna, Maitri, Ahimsa, and the philosophy of Vasudhaiva Kutumbakam.

Bhikkhu Sanghasena concluded

his address with a call for collaboration between scientists and spiritual leaders, emphasizing that a harmonious blend of scientific innovation and ethical consciousness is vital for sustainable global progress. He stressed that India has a pivotal role in steering the world towards a future where technology serves humanity with peace, compassion, and wisdom as its guiding principles.

In recognition of his contributions, Bhikkhu Sanghasena was honored with a lifetime membership of the International Film & Television Research Centre (IFTRC), an accolade presented by Dr. Sandeep Marwah, President of the Centre.

