



**BHAGAVAD GITA: Chapter 18, Verse 63**

इति ते ज्ञानमाख्यातं गुह्याद्गुह्यतरं मया |  
विमृश्यैतदशेषेण यथेच्छसि तथा कुरु || 63||

iti te jñānam ākhyātāṁ guhyād guhyataraṁ mayā  
vimrīṣhyaitad aśheṣheṇa yathecchhasi tathā kuru

iti—thus; te—to you; jñānam—knowledge; ākhyātā—explained; guhyāt—that secret knowledge; guhya-taram—still more secret knowledge; mayā—by me; vimrīṣhya—pondering; etat—on this; aśheṣheṇa—completely; yathā—as; ichchhasi—you wish; tathā—so; kuru—do

iti te jnanam akhyatam guhyad guhyataram maya  
vimrishyaitad asheshena yathecchhasi tatha kuru

◆ **TRANSLATION**

BG 18.63: Thus, I have explained to you this knowledge that is more secret than all secrets. Ponder over it deeply, and then do as you wish.

◆ **COMMENTARY**

*Continued from previous edition...*

*eka bāra raghunātha bolāe, guru dwija purabāsi saba āe (Ramayan) [v34]*

“Once, Lord Ram called all the residents of Ayodhya. Everyone, including Guru Vasishth came to hear him.” In the discourse, Lord Ram explained to them the purpose of human life and the way to accomplish it. In the end, he concluded:

*nahin aniti nahin kachhu prabhutāi, sunahu karahu jo tumhahi sohāi (Ramayan) [v35]*

“The advice I have given to you is neither incorrect nor coercive. Listen to it carefully, contemplate over it, and then do what you wish.”

This free will to choose between available alternatives has been given to the soul by God. The freedom of choice is not infinite. One cannot decide, “I choose to be the most intelligent person in the world.” Our choices are limited by our past and present karmas. However, we do possess a certain amount of free will, for we are not machines in the hands of God. Sometimes people question that if God had not given us free will then we would not have done any evil. But then we would not have done anything good either. The opportunity to do good always comes with the danger of doing evil. More importantly, God wants us to love him, and love is only possible when there is a choice. A machine cannot love for it does not have any freedom of choice. God created us with free will and provided us with choices so that we may choose him and thereby exercise our love for him. Even the all-powerful God cannot force the soul to love and surrender to him; this decision has to be made by the soul itself. Here, Shree Krishna is calling Arjun’s attention to his free will and asking him to choose.

**Be a “Yes Person” and Expand Your Life**

It’s time to become a “yes person.” No, not the “yes” person who shamefully agrees with everything his or her boss says. I’m talking about the “yes person” who is open to new opportunities, willing to accept change, and ready to change their life for the better.

**How to Be a “Yes” Person**

The good news is that opportunities are all around you. Every day, new opportunities exist to meet someone new, get a better job, or take steps toward your dream.

You must notice these opportunities and be ready to say “yes” to them. This is your year. I know this, and you know this. Let’s consider how you can be a “yes person” and change your life forever.

**Start Saying “Yes” to the Little Things**

Saying “yes” can be scary in the beginning. This is especially true when you’re saying “yes” to a job promotion, big financial investment, or moving to another city. You overcome this fear by saying “yes” to little things. Things happen every day that you might decline without even realizing it.

Maybe someone asks you to get lunch or go shopping. You probably turn down these offers because they don’t match your daily routine, and you aren’t fond of change. But change is good. You’ll be more willing to accept change by saying yes to these smaller engagements. You’ll be ready for bigger opportunities when they come your way.

**Say “No” to Distractions**

Being a “yes person” doesn’t mean you always have to say yes. You should only say “yes” to opportunities that will benefit you. You should visualize where you want to be in life and map out how you will get there. Say “yes” to anything that is on your path. It’s important to say “no.” However, it would be best to say “no” when necessary.

By saying “no” to something of little importance to you, you’re essentially saying “yes” to the possibility of other opportunities that might come from it. These opportunities might help you get where you want to be. You should turn down any distractions that’ll stop you from achieving your goal of happiness.

For example, if a friend says, “Hey, let’s go cow tipping.”

You should probably say no because:

1. It’s not a constructive use of time
2. Cows, on average, weigh at least 800 pounds.

Ask yourself, “Is today a good day to die?” If the answer is no, say “No thanks.”

**Say “Yes, and” to Life**

Making the most of life and accepting anything that is thrown at you is a big reason why saying “yes” is important. Saying yes will make your life more exciting, and more opportunities will present themselves to you. “Yes, and” is a principle that is used in improv. In improv, one person will set the scene by making a statement about pretty much anything. The other person must accept and build upon what has been said



to continue the scene. This is the “yes, and” principle. Implement this principle in everyday life.

It could lead to something beneficial, like a job offer or making a new friend. Not only are you saying “yes” to something new, but you’re also making the most of the opportunity.

**Don’t Fear Change**

Change is good. It may be scary initially, but it’s ultimately a good thing. You are often hesitant to accept something new because you become comfortable with what your life has become. But everyone needs to change in their life once in a while.

It keeps things fresh, which makes it easier to get through the day. The next time you’re about to say “no” to something because it doesn’t feel right, stop and think about it. Are you declining it because you really don’t want it in your life, or are you turning it down because you’re afraid to step out of your comfort zone? Challenge yourself and say “yes” to this exciting new venture.

*Word Of The Day*

**LENIENT**

adjective | LEEN-yunt

**What It Means**

Someone or something described as lenient is not harsh, severe, or strict. In other words, they allow a lot of freedom and leeway, and do not punish or correct in a strong way.

// The teacher was lenient in her grading after the holiday break.

// Some concerned citizens felt the punishment was too lenient.

**LENIENT in Context**

“In the adult section of the library, the patrons arrived generally by themselves. ... If

they did something as human as nodding off, they would be kicked out immediately. ... The children’s section was a little more lenient when it came to rules. A child would be splayed on the floor staring at the ceiling with their mittens and boots lying around them as though they were pieces of them that had broken off. There were children playing Battleship. There would be a child sitting in a chair shaped like a giant hand, reading up on the increasingly absurdly horrific circumstances of orphans while eating a box of Goldfish crackers.” — Heather O’Neill, “Lite-Brite Times Square,” Good Mom on Paper: Writers on Creativity and Motherhood, 2022

**Did You Know?**

If you’ve ever had a peaceful, easy feeling—perhaps brought on by someone who you

know won’t let you down—then you’ll have no problem understanding the earliest meaning of lenient. When it entered English in the mid-1600s, lenient described something soothing—such as a medication—that relieved pain or stress, or otherwise enabled someone to take it easy. For a brief window of time it was even used as a noun, referring to any of various ointments and balms that help heal wounds in the long run. Lenient comes from the Latin verb lenire, meaning “to soften or soothe,” which in turn comes from the adjective lenis, meaning “soft or mild.” The “soothing or easing” sense of lenient is still in use today, but English speakers are more likely to apply it to someone who is lax with the rules (as in “a lenient professor”), who doesn’t mind when someone acts like a certain kind of fool or takes it to the limit one more time.

**Is it your Birthday Today?**

**NOVEMBER 25**

Dominated by number 7 and the planet Neptune, you are highly creative, affectionate, trustworthy, original, energetic and emotional person. You never run away from difficult task. What might appear impossible to others would look like a challenge to you. You have great talents, but you need to control your tendency to behave arrogant and dominating at times.

Financially a very favorable period starts this year, but you should avoid getting involved in conflict with loved ones. You would make financial gains through sale of property, accrual of rent, dividends or interests. This is also a good time to invest in long-term investments and speculations. Children would be a source of immense happiness and win laurels in their fields. Pilgrimage or a distant journey will be high on your cards. The months of March, May, October and November will be highly significant.

SUDOKU PUZZLES

SOLVE THE PUZZLE AND GET HANDSOME REWARDS. SEND YOUR SOLUTIONS AT: EARTHNEWSROOM@GMAIL.COM

6	2				8	4		
			1	3		2		
	7	4						
3	2	4				6		
7		5		2		9		
1					3	7	2	
				9	4			
4		8	6					
5	3				7		6	

SOLUTION OF PREVIOUS PUZZLE

7	3	2	5	6	1	8	4	9
8	1	5	4	2	9	3	7	6
6	9	4	7	8	3	5	2	1
1	8	3	6	5	2	7	9	4
4	2	9	8	1	7	6	3	5
5	7	6	9	3	4	2	1	8
9	4	8	3	7	5	1	6	2
3	6	1	2	9	8	4	5	7
2	5	7	1	4	6	9	8	3

**STARS & PLANETS**



■ **ARIES:** Get outside and get moving, Aries! If you can manage to take the day off, this would be a good time to release some energy. You used to enjoy competition when you were little. Remember how exhilarating it was to be the first to the top of the hill? You will find your life greatly enriched if you could find a way to rekindle similar feelings.

■ **TAURUS:** Devote the day to your children or partner, Taurus. You may protest that it’s too hard to find the time to give them the attention they deserve. You don’t have time for yourself, much less anyone else. In any case, you will probably feel torn between what is expected of you and what you feel you can realistically give. If you want to dispel the inner tension, take care in the choices you make in the next few weeks.

■ **GEMINI:** A friend or family member is slowly poisoning your relationship, Gemini. A misunderstanding between the two of you will ultimately prove beneficial in the long run. Why? It makes you realize how uncomfortable you are with vague, ill-defined relationships. Today would be a good day to write a letter to the person in question. You’re likely to find the results gratifying.

■ **CANCER:** You’ve been a social butterfly lately, Cancer! The sociable phase you’re currently in demands a great deal of energy. You’re attracted to some of your new acquaintances but irritated by others. One in particular causes you real anxiety today. You have two choices. Either abandon your new group of friends entirely or expel the person who’s causing you trouble.

■ **LEO:** Your thin skin feels even thinner than usual today, Leo. If you happen to witness a violent outburst in the street, at work, or on television, you suddenly become aware of your vulnerability. Don’t let it frighten you into hiding. As one of the few remaining guardians of the world’s dwindling reserves of kindness, you have a responsibility.

■ **VIRGO:** People sometimes say that you’re a little aggressive in your approach, Virgo. But today you feel a little tired of leading the charge on the battlefield. You can learn a lot from your friends who can teach you to think of things in relative terms without allowing yourself to become emotionally involved in every situation. Try to relax for a change!

■ **LIBRA:** You may be a bit oversensitive today, Libra. It’s possible that you will be irritable and conflicted as you begin to suspect that long-term projects may not be finished. The time has come to take stock. There is likely a good reason that you’ve been unable to complete that project you undertook several months ago. Advice from others should steer you in the right direction.

■ **SCORPIO:** There’s no point in trying to make sense of today, Scorpio. Much of what happens occurs on an unconscious level and defies any rational explanation. You may have had a dream last night worthy of professional interpretation. If you can bear turning off your intellect, this could be a very profitable day for you.

■ **SAGITTARIUS:** This is a confusing period for all of us, Sagittarius. But no doubt you’ve noticed this. In such circumstances, some people become more rigid than ever because they resist dramatic change. They try to hold on to tradition. Your Sagittarius sensitivity makes you very receptive to the past, but current conditions should inspire you to let go of some of your convictions.

■ **CAPRICORN:** What do you have to lose, Capricorn? The planets are shaking you in the hopes of ridding you of your old objectives to make way for new growth. You feel doubt where once there was only certainty. When you consider the worst that can happen, it may help you to realize that what you’re clinging to really isn’t all that important. It’s time to let go and begin anew.

■ **AQUARIUS:** You aren’t the only one who can solve your problems, Aquarius. Trust that there are others who are capable of understanding. Those who want to help you are motivated only by love, with no ulterior motives. It’s in your nature to be skeptical, but these people do exist. And guess what? You could communicate with one of them today!

■ **PISCES:** Have you noticed how delays seem to occur more often, Pisces? Today will be no exception. Something you’ve been waiting for has been delayed yet again. It may be that the order form got lost or that there was some unforeseeable delay in sending it to you. Even with your mild-mannered Pisces temperament, you’re beginning to be a little irked! Sit tight. All will be resolved shortly.