

3-year-old child separated from parents reunited safely due to alertness of staff

EARTH NEWS SERVICE

JAMMU: A major mishap was averted today due to the alertness, promptness and humanitarian approach of the ticket checking staff at Pathankot Railway Station of Jammu Division.

Thanks to the staff's presence of mind, a three-year-old child who was separated from his parents was safely reunited with them.

On 5 June 2026, Ticket Checking Staff Ashish Kumar, on duty in train no. 22429, spotted a small child crying alone in coach D-1. Under the able guidance of Senior Divisional Commercial Manager, Jammu, Uchit Singhal, and with his commitment to passenger safety, Ashish Kumar immediately informed the Train Conductor and Chief Ticket Inspector Vijay Kumar without wasting any time. Realizing the seriousness of the matter, the entire team sprang into action.

This dedicated ticket checking staff of Jammu Division immediately launched a joint search operation.

The checking staff



thoroughly searched every coach of the train and finally traced the child's anxious parents in the General coach. After completing all necessary checks and formalities, the child was safely handed over to his parents.

Tears of relief filled the parents' eyes on getting their child back safe and sound. They expressed

heartfelt gratitude to Jammu Division's ticket checking staff, especially for their commitment to passenger safety and service.

The Railway administration has also highly appreciated the quick and commendable action of the employees.

Underlining this spirit of special service, Senior

Divisional Commercial Manager Shri Uchit Singhal said, "This incident is an excellent example of Jammu Division's 'Passenger First' service commitment. Jammu Division is always committed to the safety, convenience and service of passengers. Our staff are always trained to act promptly in any emergency situation."

Army hold plantation drive with ESM at Solki

RAJOURI: As part of the ongoing Nasha Mukta Abhiyan, the Indian Army organised a plantation drive themed "Ek Pedh Nashe Ke Virudh" at Solki, Rajouri, in collaboration with Ex-Servicemen (ESM).

The initiative aimed to promote environmental conservation while simultaneously spreading awareness against the menace of drug abuse in the region.

The event witnessed enthusiastic participation from Ex-Servicemen, who actively planted saplings and pledged their commitment towards building a greener and drug-free society.

The drive conveyed a strong message of nurturing nature while safeguarding the younger generation from the harmful effects of substance abuse.

During the programme, the Ex-Servicemen shared their experiences and highlighted the importance of discipline, healthy living and social responsibility. As respected members of society, they motivated the local population, particularly the youth, to stay away from drugs and contribute positively towards nation-building.

The plantation drive also strengthened civil-military relations and encouraged community participation in social and environmental initiatives.

Samadhaan Foundation organises debate-cum-awareness programme on World Environment Day



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UKHRAL: On the occasion of World Environment Day, Samadhaan Foundation organized a Debate-cum-Awareness Programme on the theme "Go Green, Breathe Clean and Save the Earth" at Government Higher Secondary School, Ukhral in district Ramban JK.

A large number of students enthusiastically participated in the programme and shared their views on environmental conservation, sustainable living, and the collective responsibility of protecting our planet and took pledge.

Beer Singh Bali, Zonal Education Planning

Officer (ZEPO), Ukhral, graced the occasion as the Chief Guest. Nasir Ahmad, Incharge Principal of Higher Secondary School Ukhral, was the Guest of Honour.

The Co-Founder of Samadhaan Foundation Ajeet Singh ketterwal served as the main speaker and highlighted the importance of environmental awareness, tree plantation, and community participation in safeguarding nature.

He also highlighted the different initiatives. Taken by the Samadhaan Foundation for improving the society.

The speakers encouraged students to become environmental

ambassadors and adopt eco-friendly practices in their daily lives. The programme witnessed active interaction and meaningful discussions on contemporary environmental challenges.

The event concluded with the distribution of mementos to the participating students and distinguished speakers in recognition of their valuable contributions to the programme.

Those intellectuals who spoke on the occasion include Dilbhag Singh, Seva Singh Sumbria, Ishaq Naik, Azad Katoch and whole proceeding of the program was conducted by Ashraf Katoch.

SKUAST-Jammu, JKST&IC celebrate Environment Day

JAMMU: Under the dynamic leadership of Prof. B. N. Tripathi, Vice Chancellor, World Environment Day was celebrated at Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu (SKUAST-Jammu) in collaboration with the Jammu & Kashmir Science, Technology and Innovation Council (JKST&IC).

Dr S K Gupta, Director Research of SKUAST Jammu was the chief guest on the occasion which was attended by Shruti Khanna, Assistant Director JKSTIC, Statutory officers of the university, Faculty members, researchers and students.

Dr. C. M. Seth, former IFS officer was the lead speaker on the occasion. Speaking on the occasion, Dr. S. K. Gupta, Director Research appreciated the support extended by JKST&IC in organizing the event and reiterated SKUAST-Jammu's commitment towards environmental sustainability through education, research, and extension activities.

He encouraged students and young researchers to actively contribute towards conservation and climate resilience initiatives.

The event was held under the theme "Renewable Energy for Sustainable Future" and witnessed active participation of students through a series of activities including poster making, speech competition, ideation, and awareness lectures were organized to sensitize participants about environmental conservation and the importance of renewable energy.

Shruti Khanna, Assistant Director, JKST&IC, appreciated the efforts of SKUAST-Jammu in organizing activities aimed at promoting environmental awareness and scientific outlook among the youth.

Dr. C. M. Seth, Former IFS officer, in his visionary lecture highlighted the growing environmental challenges and emphasized the importance of sustainable natural resource management, renewable energy adoption, and collective responsibility towards environmental protection. Dr. Jyoti Kachroo, Director ABIF, sensitised students about the opportunities in startups and emphasised that their centre is committed to support student's ideas that may lead to develop into business opportunities.

DC Kathua reviews implementation of PM Shram Yogi Maandhan Yojana

KATHUA: Deputy Commissioner Kathua Rajesh Kumar Friday chaired a review meeting to assess the progress of registrations under the Pradhan Mantri Shram Yogi Maandhan (PM-SYM) Yojana and review measures to maximize coverage of eligible persons across the district.

Pradhan Mantri Shram Yogi Maandhan (PM-SYM) is a union government-backed voluntary pension scheme for workers in the unorganized sector.

It provides a guaranteed monthly pension of ₹3,000 to eligible workers upon reaching the age of 60, along with family pension benefits for their spouse in the event of death.

At the outset, Assistant Labour Commissioner Piyusha Khajuria briefed the meeting on the registration status and progress achieved under the scheme.

The meeting reviewed the enrolment of unorganised sector workers under the pension scheme and discussed strategies for ensuring wider coverage of eligible beneficiaries in the 18-40 years age group.

Emphasising the importance of social security for unorganized workers, the Deputy Commissioner directed all concerned departments to intensify awareness and registration drives and ensure saturation of eligible beneficiaries. He stressed coordinated field-level efforts to maximise enrolment under the scheme.

The Deputy Commissioner directed the respective departments to facilitate registration of Anganwadi workers and helpers, eligible industrial workers, drivers, cleaners and other transport sector workers.

He further instructed the Assistant Commissioner Development to ensure coverage of MGNREGA workers, while the Health and School Education Departments were asked to facilitate enrolment of ASHA and Mid-Day Meal workers, respectively.

NSF reiterates Statehood demand; Names Vikshay as Working President

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JAMMU: In a meeting of the Core Committee of the National Secular Forum (NSF), held today, Vikshay Vashist was unanimously nominated as the State Working President of the organization.

The nomination was warmly welcomed by forum members, who expressed confidence in his leadership and ability to further strengthen the organization's activities across Jammu and Kashmir.

NSF, a non-political youth organization, has been actively working in Schools, Colleges and Universities across Jammu and Kashmir for the past 18 years. The organization has consistently raised issues related to Youth welfare, educational reforms, youth empowerment, and the protection of students' rights.

Through awareness campaigns, seminars, and student outreach programs, NSF has established itself as a prominent voice for the student community in the region.

Speaking on the occasion, newly nominated State Working President

Vikshay Vashist expressed gratitude to the Core Committee for placing its trust in him.

He stated that NSF has always remained committed to the welfare and betterment of students and has worked tirelessly to address their concerns.

He assured members that he would continue to strengthen the organization's presence in educational institutions and work collectively to resolve issues affecting students across Jammu and Kashmir.

During the meeting, Core Committee members reviewed the organization's ongoing activities and discussed future plans aimed at expanding student engagement and social welfare initiatives.

Members reiterated NSF's commitment to promoting educational awareness, safeguarding student interests, and encouraging youth participation in constructive social activities.

The committee also reaffirmed its support for the restoration of statehood to Jammu and Kashmir and resolved to continue raising the issue through democratic and peaceful means.

GCW Gandhi Nagar launches media internship programme

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JAMMU: Government College for Women, Gandhi Nagar, Jammu Friday commenced its annual Summer Internship Programme in Media Studies for Semester-IV students of Urdu and Punjabi Skill Enhancement Courses.

The initiative is aimed at providing practical exposure to the media industry and strengthening the link between classroom learning and professional practice.

Nearly 50 students from the Departments of Urdu and Punjabi are participating in the 15-day internship programme (05-22 June 2026) being conducted at News Now Network Jammu, a leading media organization of Jammu and Kashmir.

The internship offers hands-on training in journalism and media production, including camera handling, script writing, voice-over techniques, news anchoring, video editing, and newsroom operations.

The programme began with a registration and ori-



entation session at News Now JK Jammu and will continue through a series of practical training modules conducted by experienced media professionals.

On successful completion, participants will receive internship certificates as part of the university prescribed curriculum.

The internship is being mentored by Faheem Tak, Head, News Now J&K, and coordinated by Atiya Mujeeb, News Anchor and Internship Co-Coordinator. Academic supervision is being provided by Dr. Anuradha Sharma (HOD Punjabi) and Dr. Liaqat Jafri, HOD Urdu Department.

Assisted By Dr. Taahira Shah & Dr Balbeer of Urdu Department.

Students from various districts of Jammu

and Kashmir, including Poonch, Rajouri, Doda, Ramban, Reasi, Udhampur, Srinagar and Jammu, are participating in the programme.

On the inaugural session of Internship Dr. Kulvinder Kour, Principal, Government College for Women, Gandhi Nagar, Jammu, stated that such industry-oriented initiatives provide students with valuable practical experience, enhance professional skills, and prepare them for future career opportunities in the media sector.

The programme aligns with the objectives of the National Education Policy (NEP) 2020, which emphasizes experiential learning, skill development, and industry-academia collaboration.

Jammu Police observe World Environment Day with plantation drives across police establishments

JAMMU: On the occasion of World Environment Day, Jammu (Rural) Police organized plantation drives across various Police Stations, Police Posts, and Border Police Posts under its jurisdiction to promote environmental conservation and strengthen awareness about the importance of maintaining ecological balance.

The plantation drives were conducted at Police Stations Akhnour, Nagrota, Domana, Gharota, Khour, Kanachak and Hajar Kotli; Police Posts Manwal, Jourian, Sidhra, Chinora, Pallanwala, Chowki Choura and Pounichak; and Border Police Posts Garkhal, Gajansoo, Sawan and Kirpalpur.

Police officers and personnel actively participated in planting saplings within their respective premises and other suitable locations.

At Police Station Domana, the plantation drive was led by SP Rural Jammu, Ravinder Singh, who participated in the initiative along with police officers and personnel, reaffirming the commitment of Jammu (Rural) Police towards environmental protection and sustainable development.

The programmes were organized in compliance with the directions of senior officers and reflected the commitment of Jammu (Rural) Police towards fostering a clean, green, and sustainable environment.

During the drives, participants were sensitized about the significance of environmental protection and the collective responsibility of preserving natural resources for future generations.

The plantation activities concluded with a renewed pledge by police personnel to support environmental sustainability and contribute towards building a greener and healthier future.

Every thought, action matters in eyes of Almighty, emphasizes Swami Ram Swarup

YOL: During the 55th day of the ongoing 78-day Yajna dedicated to all four Vedas at Ved Mandir, Yol, renowned Vedic scholar and Yoga Acharya Swami Ram Swarup Ji enlightened devotees with profound teachings from Atharvaveda, Kanda 4, Sukta 16, emphasizing the omnipresence of God and the importance of righteous conduct in human life.

Explaining the Vedic phrase "Dyaam Parastat Ati Sarpaat", Swami Ji stated that even if a person were to transcend the entire celestial realm beyond the Earth—including the sun, moon, stars, and other heavenly bodies—he still could not escape the domain of the Almighty. God's presence extends throughout the universe and beyond, permeating every particle of creation.

Drawing attention to the first three mantras of the same Sukta, Swami Ji explained that the Supreme Being closely observes every action performed by living beings. The mantras teach that God witnesses all deeds as if standing right beside every individual. Ignorant persons, clouded by spiritual unawareness, often engage in sinful actions believing that no one is watching them.

However, the Vedas declare



that whether a person is standing, walking, deceiving others, or secretly carrying out any act, nothing remains concealed from the Divine.

He further elaborated that God is aware not only of external actions but also of the thoughts and discussions that take place in complete privacy. Even the blinking

of a person's eyes is known to the Almighty.

According to Vedic teachings, those who indulge in wrongful deeds eventually face the consequences of their actions, as divine justice is impartial and inevitable.

Referring to Yajurveda Mantra 40/1, Swami Ram Swarup Ji explained that God resides with-

in every conscious soul as well as throughout the material universe, both inside and outside every object.

When an individual realizes this divine truth through Vedic study, contemplation, and spiritual discipline, he naturally refrains from wrongdoing and walks the path of virtue.