



**BHAGAVAD GITA: Chapter 11, Verse 2**

bhavapyayau hi bhutanam shrutau vistarasho maya tvattah kamala-patraksha mahatmyam api chavyayam

bhava—appearance; apyayau—disappearance; hi—indeed; bhūtānām—of all living beings; shrutau—have heard; vistarāshah—in detail; mayā—by me; tvattah—from you; kamala-patra-aksha—lotus-eyed one; mahātmyam—greatness; api—also; cha—and; avyayam—eternal

bhavapyayau hi bhutanam shrutau vistarasho maya tvattah kamala-patraksha mahatmyam api chavyayam

◆ **TRANSLATION**

BG 11.2: I have heard from You in detail about the appearance and disappearance of all living beings, O Lotus-eyed One, and also about Your eternal magnificence.

◆ **COMMENTARY**

Arjun continues his appreciation of Lord Krishna's glories by confirming his paramount position as the source of the appearance and disappearance of the entire material manifestation. He addresses Shree Krishna in the vocative with the words kamala-patraksha, meaning "whose eyes are like the lotus flower, which is large, soft, and beautiful, and endowed with the attributes of sweetness and gentleness."

By the above verse, Arjun implies, "O Shree Krishna, I have heard from you about your imperishable majestic glories. Although you are present within all, you are untainted by their imperfections. Although you are the supreme controller, yet you are the non-doer and are not responsible for our actions. Although you bestow the results of our karmas, you are impartial and equal to all. You are the supreme witness and the dispenser of the results of our actions. I thus conclude that you are the object of adoration of all beings."



**Scientists Want Your Brain to Study Autism. Here's Why**

Autism BrainNet has released new survey results showing a striking gap between public support for autism research and understanding of how that research actually happens. While most Americans recognize the importance of studying the autistic brain, far fewer are aware of the role brain donation plays in advancing scientific knowledge.

According to the survey, 92 percent of respondents said analyzing the autistic brain is extremely or very important. Yet 70 percent reported they had never heard of brain donation. This disconnect suggests that many people support progress in autism research without realizing what is required to move it forward.

Brain Donation Awareness Lags Behind Organ Donation

The survey also found a clear difference between awareness of brain donation and organ donation. More than 80 percent of respondents are familiar with organ donation, and over half are registered organ donors. However, only 15 percent know that brain donation is not included when signing up as an organ donor. It is a separate process that must be arranged independently.

"For researchers who study autism and related neurodevelopmental conditions, postmortem brain tissue is a critical scientific resource that cannot be replicated by artificial intelligence, imaging technologies, or even animal experiments," explained David G. Amaral, Ph.D., Scientific Director of Autism BrainNet and UC Davis Distinguished Professor. "At Autism BrainNet, our goals are to facilitate the highest quality autism research, provide accurate information about brain donation to individuals



and families, and increase comfort with planning for donation before a time of bereavement."

Survey Reveals Confusion About Process and Eligibility

The survey, conducted February 26 through March 2, 2026, with 1,007 respondents, highlights widespread misunderstandings about how brain donation works. Fewer than half of the participants knew that the donation must take place within hours after death, not days or weeks later. A small number even believed donation could occur while a person is still alive.

There is also confusion about who can donate. Nearly one-third of respondents incorrectly thought that certain conditions, including autism or epilepsy, would prevent someone from donating. In reality, these brains are especially valuable for researchers, who need a

diverse range of samples to better understand neurological conditions.

A Personal Story Behind Brain Donation

"My younger, autistic brother Ed led a rich and happy life, surrounded by friends and family who adored him and appreciated his many interests and his big, loving character," said Kathy Stein, who donated her brother's brain to Autism BrainNet. "When he passed, I donated his brain because it is a positive way to acknowledge what a wonderful person he was and to extend his legacy. Imagine how much we can learn about the biological causes of autism and related neurodegenerative disorders through his contribution."

Public Education Efforts and Upcoming AMA

To help address these knowledge gaps, Autism BrainNet plans to host an "Ask Me Anything" session

on Reddit during Autism Acceptance Month. The event will take place on April 29 from 12 to 2 pm ET and will feature Dr. David Amaral along with Dr. Alycia Halladay, Chief Science Officer of the Autism Science Foundation. They will answer questions about brain donation, including how to become a donor and what the process involves.

Dr. Amaral added, "Brain donation is for research purposes only, not for transplantation. While brain donation is not included in organ donor registries, brain donors can also be organ and tissue donors, and brain donation is not limited by most medical conditions. In fact, we most need postmortem brains from autistic people and those with related neurodevelopmental conditions to advance research. That's why we encourage autistic adults,

families, and care partners to learn more about Autism BrainNet."

Who Can Donate and What Families Should Know

Autism BrainNet accepts donations from people with a diagnosis of autism, even when other diagnoses are present, from people with a genetic diagnosis associated with autism, whether or not they have a diagnosis of autism, and from nonautistic people. To maintain the scientific value of the tissue, donations should ideally occur within 48 hours after death, although later donations may still be possible.

There is no cost to families, and Autism BrainNet manages all logistics. Brain donation also does not interfere with funeral arrangements, allowing families to honor their loved ones while contributing to research that could lead to future breakthroughs.

*Word of the Day*

**SHENANIGANS**

jen-TEEL

**What It Means**

Shenanigans is an informal word used to refer to activity or behavior that is either not honest or proper, or is mischievous or high-spirited. Its oldest meaning, and the one most likely to be encountered as the singular shenanigan, is "a devious trick used especially for an underhanded purpose."

// The CEO resigned amid accusations of financial shenanigans and dubious deals.

// The tween sleepover shenanigans involved goofy hats, fake mustaches, and giggles galore but everyone eventually fell asleep.

**SHENANIGANS IN CONTEXT**

"Do you remember what it was like to be bored—like really bored? As a Gen Xer, I didn't grow up scrolling social media or playing endless hours of 'Minecraft' to keep me busy; instead, I spent a fair amount of my free time after school crafting the perfect prank call. ... In retrospect, it was time well spent. Well, maybe. Some shenanigans may

have gone too far." — Elana Rabinowitz, The Los Angeles Times, 10 Feb. 2026

**Did You Know?**

Fool us once, shame on you; fool us twice, shame on us. Either way, we call it shenanigans, employing a word whose history is as slippery as the monkey business it names. We know that the word likely first appeared in print in the 1850s in the western United States. But most theories of its genesis assert that it was born in the British Isles, with potential origin words referring to such things as silly behavior, feigned illness, and a sweet rum-beer libation.

**Is it your Birthday Today?**

APRIL 2

Influenced by number 2 and the Moon, you are highly energetic, imaginative, practical, trustworthy and a simple person. You are a born leader and you are known for your ability to handle jobs, which require immense responsibility and courage, but you need to keep a check on your tendency to behave impatient and extravagant at times. This year you need to concentrate on your efforts and rewards will follow by themselves. Matters related to property, partnership and new ventures will keep you busy. You will gain importance amongst your colleagues because of your improved skills and aptitude. Domestic front will be pleasant with spouse and children filling your life with love and affection. Some tension and anxiety might arise due to sudden fall in the health of your spouse, but nothing serious. Renovation or construction activities will be carried out towards the yearend. The month of December, March and October will be significant.

**SUDOKU PUZZLES**

SOLVE THE PUZZLE AND GET HANDSOME REWARDS. SEND YOUR SOLUTIONS AT: [EARTHNEWSROOM@GMAIL.COM](mailto:EARTHNEWSROOM@GMAIL.COM)

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**SOLUTION OF PREVIOUS PUZZLE**

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3	6	9	1	8	2	7	5	4
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9	8	7	3	5	6	2	4	1

Solved By Stanzin Spalzm

**STARS & PLANETS**

**What is My Zodiac Sign?**

List of Zodiac Signs Based on Birth Dates

Your zodiac sign is determined by your date of birth. You may check the zodiac sign that you are and find it in a whole range of articles you can see below.



List of 12 Zodiac Signs

- Aries (Mar 21 - Apr 19)
- Taurus (Apr 20 - May 20)
- Gemini (May 21 - Jun 20)
- Cancer (Jun 21 - Jul 22)
- Leo (Jul 23 - Aug 22)
- Virgo (Aug 23 - Sep 22)
- Libra (Sep 23 - Oct 22)
- Scorpio (Oct 23 - Nov 21)
- Sagittarius (Nov 22 - Dec 21)
- Capricorn (Dec 22 - Jan 19)
- Aquarius (Jan 20 - Feb 18)
- Pisces (Feb 19 - Mar 20)

■ **ARIES:** Regardless of your situation, Aries, you'll want to take the easy way out. There's a laziness sweeping over you, and you could be trying to find a way to sneak out of some responsibilities. Even if this idea seems terrific now, it's likely to get you into some trouble later. Be wary of cheating the system and then expecting the full benefits of hard work in return. You'll earn exactly what you deserve.

■ **TAURUS:** You might be frustrated with romance because it seems to be causing more tension than relaxation, Taurus. No one said love was easy, but it doesn't have to be miserable. The key is to not get too stressed out about the little things. Know and expect that some things aren't going to match your expectations. You simply have no control over some aspects of a relationship - the other person, for example.

■ **GEMINI:** Your imagination is your best friend, Gemini. You aren't about to let anyone disturb your fantasy world. You have fit love and romance perfectly into this place, and everything is wonderful in your head. Implementing this plan and making it work in the real world are two different things, so try not to get too tied to this idea. Definitely aim to manifest your vision, but don't be unrealistic about it.

■ **CANCER:** Aggression in your world of romance is likely, Cancer. Whether coming from you or your close partner, the tension is there and can't be ignored. Keep in mind, however, that it's possible that much of it stems from something that isn't even true. Perhaps there was a misspoken word or misunderstanding of some sort that's now causing confusion. Do your best to clear the air of any misconceptions.

■ **LEO:** You're anxious to make a bold move toward the love of your life, Leo. Love and romance are most certainly in your favor right now. It isn't surprising that you feel brave. Be careful, however, about getting so carried away with your self-assurance that you distort the truth of the situation. There's an element of fantasy operating that's making it difficult for you to see the whole picture.

■ **VIRGO:** Although you generally like to keep both feet on the ground and proceed in a stable, organized manner, Virgo, there's a strong force encouraging you to spread your wings. Incorporate more fantasy into your day, and practice the art of dreaming. Liberate yourself from reality for a while and feel the weight lifted from your shoulders. Let your imagination run wild. This will bring a greater sense of balance to your life.

■ **LIBRA:** You might be pegged as the wise guy who's unable to take anything seriously, Libra. Regardless of the situation, you can turn it into a joke of some sort. Your humor likely lifts the spirits of everyone around you. Be careful of taking this too far, however. There could be some people who are uncomfortable with your constant jesting. Let them know that you do have a serious side, too.

■ **SCORPIO:** One whiff of a familiar scent is likely to send your imagination running wild, Scorpio. Perhaps you're suddenly transported back to when you were dating someone you adored. Once your imagination starts running, it could be difficult to slow it down. Your fantasy world is likely to be the safest place to hide, so don't worry about avoiding reality. Keep playing in the past if that's where you'd rather be today.

■ **SAGITTARIUS:** You could come into conflict with someone who has a very inclusive attitude, Sagittarius. Perhaps he or she encourages a humanistic approach that you find unrealistic and even a bit offputting. State exactly how you feel, but make sure you have the facts to back up your point and prepare for a counter argument. A great deal of fantasy is tossed around as truth, so it's important that you not add to it.

■ **CAPRICORN:** Take care of your friends by supporting their ideas, Capricorn. Be careful that you don't automatically encourage a plan or viewpoint that you know is wrong or doomed to fail. Even though you might want to make them feel good by saying exactly what they want to hear, this isn't really doing them any favors. People come up with some wild schemes, so it's important to bring a levelheaded perspective to the table.

■ **AQUARIUS:** You could be teetering between the real world and a fantasy realm, Aquarius. The fantasy world is more than likely the one that wins out, but that doesn't mean you should lose all touch with reality. If anyone can bridge these two worlds, it's you. You'll probably find yourself drawn to art, which can wonderfully bridge the two. Indeed, your creative juices are gushing like a waterfall today.

■ **PISCES:** Nurture your loved ones, Pisces. Tonight feel free to escape into a fantasy world with the object of your desire. Make plans to set your wildest fantasy into motion. Let your imagination lead the way. You'll never get where you want to go until you head in that direction. Have confidence that you can turn your dreams into reality. Don't waste another day doing things that don't contribute to your long-term plans.